

Brochure Order Form

Pilot Safety Brochures

(Complimentary)

QTY.	Title	Description
___ Each	Laser Hazards in Navigable Airspace	Federal Aviation Administration researchers have compiled a database containing more than 3,000 reports of aircraft laser illumination events over a 20-year period.
___ Each	Obstructive Sleep Apnea	Sleep apnea is characterized as a repetitive upper airway obstruction during sleep, as a result of narrowing of the respiratory passages.
___ Each	Acceleration in Aviation: G-Force	Human beings are adapted to live and survive within the ever-present, accelerative force of gravity.
___ Each	When There are Questions About Your Medical Certification Application	A checklist for speeding your certification decision. The purpose of this brochure is to help answer some of the questions that you might have about the certification process.
___ Each	Alcohol and Flying: A Deadly Combination	Facts about how alcohol consumption negatively affects pilot performance; why it's best not to drink alcoholic beverages before flying.
___ Each	Altitude Decompression Sickness	Symptoms (chokes, bends, neurologic) of altitude decompression sickness in pilots are described and treatment options explained.
___ Each	The Civil Aerospace Medical Institute	Brochure describes the Civil Aerospace Medical Institute's mission in aerospace medicine. CAMI is the medical certification, research, education, and occupational health wing of the FAA Office of Aerospace Medicine.
___ Each	Circadian Rhythm Disruption and Flying	Our body's biological functions work much like a finely tuned watch: Every part works in unison to keep the body in homeostasis. However, when one working part doesn't function normally, it tends to disrupt many other vital parts and can upset homeostasis.
___ Each	Fatigue in Aviation	Fatigue is a normal aspect of life, but when a pilot experiences fatigue, the results could be disastrous. Some simple lifestyle modifications could open your eyes – and keep them open – during flight operations.
___ Each	Fit for Flight	The purpose of this brochure is to provide you with basic guidelines for developing a balanced physical fitness program and customizing a workout to fit your needs.
___ Each	Hearing and Noise in Aviation	Loud, persistent noises can permanently damage hearing. Anatomy and physiology of hearing, sources of noise, and devices used to protect the hearing of pilots are described
___ Each	Hypoxia: The Higher You Fly, The Less Air in the Sky	Hypoxia is described as being an insidious killer because the symptoms are often not noticed or understood. Pilots learn early recognition and avoidance of hypoxia.
___ Each	Information for Pilots Considering Laser Eye Surgery	This brochure describes the benefits as well as the possible pitfalls laser refractive surgery offers to those considering these procedures.
___ Each	Carbon Monoxide: A Deadly Menace	Don't become a statistic: Learn to prevent and avoid this deadly threat to your flying safety.
___ Each	Medications and Flying	Like any other important decision, consider carefully before deciding whether to take any medications before flying: Do potential benefits trump the risks?
___ Each	Pilot Vision	The physiology of the eye, a pilot's most important sense to obtain reference during flight, is described. Also, night vision adaptation, scanning techniques.
___ Each	Seat Belts and Shoulder Harnesses: Smart Protection in Small Airplanes	Pilots should wear their restraints properly while flying because doing so would reduce serious injuries by 88% and fatalities by 20%. Also, proper installation, use of restraints.
___ Each	Smoke!	Effects of smoke, fire, and smoke gases in the aviation environment are described, along with signs and symptoms of carbon monoxide poisoning; how to avoid.
___ Each	Spatial Disorientation: Visual Illusions	Visual illusions can trick pilots into making fatal errors by believing what they see. The major visual illusions are described and illustrated in this 10-page color brochure.

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___ Each	Aviation Safety Courses Available Through the FAA	A list and description of training courses available to general aviation pilots through the U.S. Government.
___ Each	Sunglasses for Pilots: Beyond the Image	We all wear them, but which are best for protecting our vision – most important sensory asset?
___ Each	Spatial Disorientation: Why You Shouldn't Fly By the Seat of Your Pants	The flight environment is unfamiliar to the human body, creating sensory conflicts and illusions that make spatial orientation difficult. 5-10% of all general aviation accidents can be attributed to spatial disorientation; 90% are fatal.
___ Each	Deep Vein Thrombosis and Travel	Any situation in which one's activity is limited for long periods can cause blood clots in deep leg veins. Important information for people who travel long distances or are inactive.
___ Each	Oxygen Equipment: Use in General Aviation Operations	This brochure describes operational precautions to use with all types of oxygen systems.
___ Each	Pilot Medical Certification	Information for pilots about the FAA medical certification process. How to: locate the nearest AME, obtain copy of records, review of medical records, file an appeal, report address change, name of FAA regional flight surgeons ... and more.

NAME: _____ AME # _____

ADDRESS: _____

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